



# Patient Centered Medical Home

*The Patient Centered Medical Home (PCMH) is designed to provide comprehensive primary care to adults, youth and children. As a patient centered medical home we are committed to your health and well-being. To achieve this goal we believe in a partnership between you and your medical provider.*

## **We will work together to...**

- Ensure comprehensive medical care using evidence based medicine.
- Achieve and maintain your health over your lifetime.
- Coordinate your healthcare across all specialties including behavioral health care.
- Obtain relevant records from previous providers. Please complete the enclosed records release. When finished, return to front desk or any Primary Health clinic location.

## **We trust you to...**

- Keep your scheduled appointments.
- Be open and honest in providing your doctor with all information pertinent to your health care.
- Participate in creating a plan to help you self-manage your chronic condition (diabetes, asthma, hypertension, etc.).
- Follow the medical care plan that is agreed upon at your office visit and notify your provider if you are unable to follow your care plan.
- Ask questions if you do not understand any portion of your healthcare. ☐ Notify us when you see other health care providers.
- Take your medications as prescribed.
- Call us if you do not receive your test results within one week.
- Notify us if your insurance, prescription coverage or financial situation changes.
- Take steps to achieve a healthy lifestyle.
- Visit our website at: [www.primaryhealth.com](http://www.primaryhealth.com) for a list of services, self-management tools and other resources.

## **Your medical provider will...**

- Care for short term illnesses and manage your long term chronic diseases.
- Engage in an open and honest discussion of all treatment options.
- Seek opinions from specialists when needed.
- Connect you with other members of your care team and coordinate care with them as your health needs change.
- Ensure after-hours access to emergent care.
- Keep you up to date on your vaccines and preventative screening tests.
- Notify you of your test results in a timely manner.
- Respect your privacy.