



## COVID-19 Testing Information for Patients

### Who Can Be Tested

The State of Idaho has recently posted testing priorities for patients with and without symptoms of COVID-19. Please go to PrimaryHealth.com to see the patients we are currently able to test.

### Information about Insurance Reimbursement

If you are here to be tested but have no symptoms, please be aware that your insurance company may not reimburse you for the test or visit today.

### Information about Testing Accuracy

It is important to understand that no tests are 100% accurate and these inaccuracies may be magnified when the amount of disease in the community is low. Although PCR tests are very specific for the virus that causes COVID-19, there is a possibility of a false positive result. This means that the test may show a positive result, but the virus is not present. Any positive test would require a minimum 10-day isolation period from the time the test was sent. There is also a possibility for the test to result negative even though the virus is present (a false negative test).

### How to Get Test Results

PCR tests typically result within 3-5 days. If you have not been informed of your results within 7 days, please call any of our clinics for your results. Phone numbers can be found at PrimaryHealth.com.

- **If you are being tested because you have symptoms, please follow the isolation recommendations on your handout.**
- If your test is negative, you will be contacted through your preferred contact method (voicemail or text) and the results will be available on your Patient Portal. Access your Patient Portal online at PrimaryHealth.com or download the Healow app using the QR codes below.

 iPhone



android 



Primary Health Medical Group  
Practice Code GJDCAA

- **If you were tested because you were in close contact with a confirmed COVID-19 patient, you should continue to self-quarantine for 14 days from your last exposure to the patient, even if you test negative.**
- Because of the possibility of false negatives, if your medical provider is highly suspicious of COVID-19, they may recommend that you continue isolation (even if your test is negative) until:
  - At least 3 days (72 hours) since your last fever (without fever reducing medication) and improvement in your other symptoms and
  - At least 10 days have passed since your symptoms first appeared.
- If your test is positive, we will contact you directly by phone. At that time, we can arrange continued follow-up with one of our family physicians if needed.

**What if I Develop New Symptoms or Concerns?**

If you develop new symptoms or concerns, you can schedule a telehealth visit by calling any of our clinics. See [PrimaryHealth.com](https://www.PrimaryHealth.com) for a list of COVID symptoms. If the telehealth provider feels you need to be seen in person, you may be asked to return to a Respiratory Clinic for re-evaluation.

Our Respiratory Clinics were created to provide an environment where patients with possible COVID-19 symptoms can be evaluated by a medical provider. Our goals for these clinics are to:

- Provide a safe environment that will reduce the risk of spreading of COVID-19 to you, other patients, or our staff.
- Provide medically appropriate care regardless of whether your symptoms are related to COVID-19.

At any time if you have worsening shortness of breath or trouble breathing, increasing or new chest pain, confusion, difficulty staying awake, bluish lips or face then seek emergency medical care immediately.

**More information is available at [PrimaryHealth.com](https://www.PrimaryHealth.com).**